

Testimonials



positive
SPORTS LEADERSHIP



“The best I can describe how I felt was a relaxed state of sleep in which I was not sleeping I was awake. After the session, I felt as though I had had a massage inside my body. I immediately felt happy, clean, refreshed, and energetic. Energy without the caffeine effect. I felt light, like weight had been lifted off me. The next day I realized I no longer had shoulder and hip discomfort or pain, still feeling the same positive energy and a sense of peace within myself.” – **Tonia M.**



The Reiki session was a very calming & relaxing experience. I felt lighter and more motivated in the session with Scott. Reiki is a great way to get rebalanced and get your mind back on track. Thank you, Scott, the treatment/session was uplifting and rewarding.

– **Sensei Kevin, Black Belt, Karate**

“Recently I was privileged to have a Reiki session treatment with Scott. I came away feeling much better and with a sense of relief. Scott’s calming manner put me at ease right away. After discussing my problem areas, Scott proceeded with a wonderful treatment! I could feel the warmth and healing energy through Scott flow into me. Scott is a healer and I could not be more pleased with the results. I would highly recommend Reiki treatments with Scott and am very much looking forward to my next visit.” –**Chris B, Master, Karate**

“I wanted to thank you for allowing me to experience Reiki for the first time. I cannot remember when I have been in such a relaxed state. I swear I could physically feel the tension transferring out of my body as you were working on me. I look forward to your return visit to Western New York so I can experience this again. Thank you.”

– **Don S, Black Belt, Karate**